

YOUR PURPOSE



Guide to identify your PURPOSE

Identifying YOUR PASSION, YOUR TALENT and where you can GIVE VALUE.

THE PASSION: it's a vehement feeling, capable of disturbing the reason and dominating the will, so it is above the rational and logical.

THE TALENT: it's the intellectual capacity to learn something easily or to develop an activity with great skill and is usually related to an innate ability.

PASSION is related to EMOTION and TALENT to INNATE ABILITY.

The area where your PASSION and your TALENTS meet is your UNIQUE ZONE

YOUR PASSION (identify at least 3 options for each question)

1. What activity (s) could you do for 5 years without getting paid?:

2. If money was not a problem, what would you do all the time?:

3. What topics could you read 200 books about without getting bored?:

4. Name 3 people you admire for the activity they do at work:

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5. What is the topic that you liked the most when you were 8 years old ?:

6. By imagining that you are 85 years old. What would you have liked to do in the last 30 years ?:

7. By imagining that one day you wake up happy to do throughout the day the activity that you like the most. What activity would it be ?:

8. About the books and movies that you like the most, what themes are the ones that are repeated the most?:

9. Which activity charges you with more energy when you do it ?:

10. What is the topic you like to talk about all the time, until people get tired, or what topics do you find easy to teach others about ?:

Of these 10 questions, what are the 3 most repeated themes?

These will help you determine your PASSION:

1.

2.

3.

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YOUR TALENT (identify at least 3 options for each question)

What were your greatest strengths and skills?

1. At 8 years old:

2. At 16 years old:

3. At 24 years old:

What are the most important achievements in your personal and professional life?

1.

2.

3.

4.

5.

What are the Capabilities or Skills that allowed you to obtain these achievements?

1.

2.

3.

4.

5.

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What topics is it easy for you to learn about ?:

Ask people who know you what they consider to be your greatest talents (use open questions or ask them to select from the list previously identified by you):

Of all those strengths and talents, what are your top 3?

1. _____

2. _____

3. _____

The area where your PASSION and your TALENTS meet is your UNIQUE ZONE

What phrase would describe your UNIQUE ZONE?

YOUR ZONE OF INFLUENCE

It is the point where your UNIQUE ZONE (your internal capabilities) meets with the areas where you can give value to others (external needs).

1. Areas in which you can give value, because there is a need:
